

Allergen & Dietary Awareness Guide

This chart identifies the presence of the top nine food allergens, along with indicators for vegan, vegetarian, and pork-containing items for SDSU Dining venues. It's designed to help individuals quickly assess whether a food item aligns with their dietary restrictions or preferences.

LOCATION:



Third-party owned-and-operated unit

Eureka Discover American Craft COMMON ALLERGENS	SOY	GLUTEN	FISH	SHELLFISH	TREE NUT	PEANUT	SESAME	MILK	EGG	VEGAN	VEGETARIAN	GLUTEN-FRIENDLY	DAIRY-FRIENDLY	CONTAINS PORK
APPETIZERS														
TRUFFLE CHEESE FRIES								Х	Х		Х	Х		
CRISPY GLAZED BRUSSELS SPROUTS					х					Х	Х	Х	Х	
FRIED PICKLES		х						Х	Х		Х			
SLOW-ROASTED PULLED PORK NACHOS		Х						Х						х
ORANGE CHILE GLAZE WINGS								Х				Х		
FIRECRACKER WINGS								Х	х			Х		
BEER BBQ WINGS		х						Х						
MAC N CHEESE BALLS		Х						Х			Х			
AHI POKE STACK	х	х	Х				Х		Х				Х	
GRILLED BROCCOLINI					Х					Х	Х	Х	Х	
DORITO-CRUSHED SHISHITO PEPPERS	х	х						Х	Х		Х			
BURGERS/SANDWICHES														
EUREKA AMERICAN BURGER		х						Х	Х					
DOUBLE SMASH BURGER		Х						Х	Х					
FRESNO FIG BURGER		х						Х						х
BISON BURGER		Х						Х						х
JALAPENO EGG BURGER		х						Х	х					х
28 DAY DRY-AGED BOW MARROW BURGER		Х						Х	Х					
NAPA CHICKEN SANDWICH		х						Х	х					х
SPICY FRIED CHICKEN SANDWICH		Х						Х	Х					
SLOW-ROASTED PULLED PORK SANDWICH		х						Х	Х					х
AL PASTOR FISH TACOS			Х					Х				Х		
ROASTED VEGGIE TACOS										х	Х	Х	х	
PASTRAMI QUESADILLA		х						х	х					
ALL-WORLD BREAKFAST BURRITO		х						Х	Х		Х			х



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ENTREES	0,			3,	•	_	3 ,	-						
NY STEAK					Х							Х	Х	
BBQ PORK RIBS		Х			Х			Х	Х					х
SEARED SALMON			х					Х				Х		
FISH & CHIPS		Х	Х						Х				Х	
SALADS														
SEARED AHI SALAD	Х	х	х			х			х				х	
CAESAR SALAD		Х	Х		Х			Х	Х		Х			
STEAK SALAD		х					Х	х	х					
ASIAN CHICKEN SALAD	Х				Х				Х			Х	Х	
EUREKA SALAD										х	Х	Х	х	
DESSERTS														
BOURBON BARREL CAKE		Х			Х			Х	Х		Х			
CARROT CAKE		Х			х			Х	Х		Х			
CHOCOLATE CAKE		х						Х	Х		Х			



SDSU DINING NUTRITIONAL DISCLAIMER

At SDSU Dining, our team is committed to clearly identifying our menu items with respect to:

- their nutritional information
- relevant dietary considerations such as whether the items are gluten-friendly,
 vegan, vegetarian, etc.
- · their ingredients which may cause allergic reactions

Our team undergoes regular training to ensure accurate labeling and proper food preparation methods aimed at minimizing cross-contact risks. Even with us employing such labelling and food preparation methods, however, some degree of cross-contact is unavoidable. Please note that our dining centers are not certified allergy-free or gluten-free, as some items served may contain allergens.

Menu items from our third-party dining partners may have different allergen management practices. SDSU Dining does not design the menus of any of our third-party dining partners and shares them with guests for informational purposes only. Consequently, Aztec Shops, Ltd. and SDSU Dining accept no liability for menu items from our third-party dining partners, cannot independently validate any nutritional information provided by our third-party dining partners, and cannot guarantee that any menu items prepared by our third-party dining partners are free from allergens or safe from cross-contact. Guests should contact each third-party venue directly with any relevant nutritional and allergen-related questions.

For additional questions about building a personal meal program focused on specific dietary needs and preferences, we strongly recommend scheduling a meeting with our registered dietitian, Amanda Nazario (aashbynazario@sdsu.edu) using this LINK.

